

**KCSD 96 Approved Snack List**  
**Free of the Top 8 Allergens**  
*(Milk, Eggs, Peanuts, Tree Nuts, Fish, Shellfish, Soy & Wheat)*  
**and Gluten**  
**\* Notes single serve snack size available**

**Dear Families,**

Please find, below, approved items for all classroom snacks. As you can see, the list remains extensive. Additionally, based on prior feedback, you will find more organic/natural items included to provide families with even more choices. In addition, this list eliminates the top 8 allergens and gluten, making this list a “win” for all students! **Please note that all items for daily snack, with the exception of fruits and vegetables, MUST be pre-packaged to allow for teachers to easily check snacks.**

For student safety, please check food labels as ingredients can change without warning. As ingredient labels are necessary to ensure student safety, no homemade baked goods allowed. Please also check that brands match those listed on the approved snack list. Packaging looks similar for many snacks.

Should you have questions about this list or District 96’s food allergy management procedures, please contact Amy Gluck, Director of Educational Services at (847) 459-4260 or [agluck@kcsd96.org](mailto:agluck@kcsd96.org) .

Thank you in advance for your support of safe classrooms! Your child’s classroom may have a specific classroom list; please be sure to adhere to the classroom list if this is the case.

## Daily Snacks- Must be pre-packaged with the exception of fruits/vegetables

### FRUITS & VEGETABLES (No dips please):

- Fresh whole or cut fruit
- Fresh whole or cut veggies
- Pre-packaged fruits and veggies

### Dried (NO Trail Mixes and NO Yogurt Covered):

- Ocean Spray Craisins (Original Dried Cranberries ONLY\*)
- Sunmaid Natural California Raisins\* (Plain only), Cranberries & Raisins (Plain only)
- Sunsweet 'Amazin' Prunes\* (any flavor ie, Pitted, BitSize, Petite, Cherry Essence, Lemon Essence)

### Cups/Bowls/Pouches\*: (NO Toppings/Mix Ins)

- Del Monte Diced Fruit Cups (Mango, Pineapple, Pears, Cherry Mixed Fruit, Mixed Fruit, Mandarin Oranges, Peaches)
- Materne GoGo Squeez: APPLESAUCE On the Go (Any Flavor)
- Mott's Applesauce- Original & Unsweetened: (Any Flavor- ie, Apple, Blueberry, Cinnamon, Pear, Strawberry, Granny Smith, Mixed Berry, Mango Peach)
- Mott's Snack & Go- Original & Unsweetened: (Any Flavor- ie, Cinnamon, Strawberry, Granny Smith, Original, Mixed Berry, Mango Peach)
- Musselman's Applesauce & Organic Applesauce: (Any Flavor) (Any Flavor- ie, Cinnamon, Original, Unsweetened, Honey Cinnamon)
- Plum Organic Mash-Ups (banana, blueberry & carrot, blueberry blitz, berry! carrot chop!, strawberry)

### JELLO\*(NO Toppings/Mix Inx):

- Kraft: Jell-o Gelatin Ready to Eat Snack Cups- Original and Sugar Free (strawberry, orange, cherry, black cherry, raspberry, lemon-lime, blueberry)

### FRUIT SNACKS & ROLL UPS\*:

- Annie's Inc. Assorted Fruit Snacks: Annie's Organic Bunny Fruit Snacks (Pink Lemonade, Sunny Citrus, Tropical Treat, Summer Strawberry, Berry Patch), Organic Orchard Fruit Snacks: Really Peely Fruit Tape (Bendy Berry, Swirly Strawberry), Bernie's Farm Fruit Snacks: (Natural Strawberry & Raspberry & Orange Flavors)
- 'Clif Kids' (Clif Bar & Co): Organic ZFruit-Twisted Fruit Snack (Strawberry, Mixed Berry, Grape)
- General Mills 'Betty Crocker': Fruit Snacks, Fruit By the Foot, Fruit Gushers, Fruit Roll Ups (Any Flavor)
- General Mills 'Mott's' Assorted Fruit Snacks (Medleys only)
- Stretch Island Fruit Co: Original Fruit Leathers (Strawberry, Grape, Raspberry, Apple Apricot, Cherry) Organic Fruit Bites (Blueberry, Strawberry) Organic Fruit Strips (Apple Cinnamon, Grape, Strawberry, Tropical)
- Yum Earth Inc 'Yum Earth Organics' Fruit Snacks (Original, Tropical)

### CEREAL BARS, SNACKS, CEREAL:

- Enjoy Life- Soft Baked Chewy Bars (Any Variety)
- Quaker Rice Cakes (Salt Free, Lightly Salted)
- MadeGood: Crispy Squares\*, MadeGood Granola Bars\* (Apple Cinnamon, Mixed Berry, Chocolate, Banana), Granola Minis (Strawberry, Mixed Berry, Chocolate Chip)\*
- Organic Crunchy Rice Rollers' original brown rice' (Chef Bobo Brand Inc)
- Quaker Rice Cakes (Salt Free, Lightly Salted)
- SkinnyPop Popcorn\* (Original, Sea Salt & Black Pepper, Naturally Sweet) SkinnyPopPopcorn Mini Cakes (Sea Salt, cinnamon & sugar), SkinnyPop Popcorn Cakes (Sea Salt, Maple Brown Sugar)
- Sensible Portions Garden Veggie Straws\* (Sea Salt), Garden Veggie Chips (Sea Salt)
- General Mills:
  - Cheerios (Plain, Fruity, Frosted)- small boxes
  - Chex (Rice, Corn)- small boxes
  - Lucky Charms- small boxes

DRINKS: Bottled Water